



Dear Families,

10/29/19

Class #1 has completed our bread study! The children will celebrate the end of their study by holding a bake sale at our school on Tuesday, November 5th. Please help us by bringing in baked goods for our event and visiting our school to support the sale. Over the course of the past four weeks, children learned about topics connected to bread, such as the ingredients in dough, the kinds of breads and desserts made from dough, and where wheat comes from. The children also learned about jobs connected to bread, and the various cooking techniques to make dough.

Our study also provided wonderful stories that feature bread including *Little Red Hen* and the classic Laura Numeroff books *If You Give A Mouse a Cookie*, *If You Give a Moose a Muffin*, and *If You Give a Pig a Pancake*. The children also enjoyed *The Gingerbread Man* and reflected on desserts that they will eat during the upcoming holidays and celebrations. After they read about the cookie making process, they learned how to knead dough and make play-dough from scratch. Together they learned how to roll it, flatten it, and form shapes of breads like baguettes, pretzels, and pizza for bread sculpture art.

In the classroom areas, children also learned about jobs and responsibilities people have who work with bread, such as bakers and chefs, and even about the different types of restaurants and multicultural foods. The children were able to try Jewish Challah bread and more. They also learned about healthy eating habits and when certain types of bread are appropriate at meals, such as waffles for breakfast, a sandwich for lunch, and a dinner roll on the side of a main course at dinner.

Throughout our study, the children observed various types of print such as restaurant menus, cook books in the classroom, and really enjoyed making cornbread together. I strongly encourage to continue baking and cooking together as a family. It will create fun and happy memories for a lifetime.

Sincerely,
Classroom #1
Miss Laura and Miss Pat

