Teacher: Heather Hardy   Week of: 9/30- 10/4/2019

Our Current Exploration: Bread

Daily Questions of the week: Do you like bread? Did you eat bread today? How many slices of bread are in this loaf (estimation)? What do you want to know about bread?

What we learned this week: This week we began our Bread Study. We reviewed and discussed the meaning of some new baking vocabulary words such as grain, flour, grind, ingredients, yeast, rolling pin, and bread pan. Our focus this week was understanding different types of bread and how it is made. We learned that you can make bread in a bread machine/oven by following a recipe and using different ingredients. We took a look at different baking items, such as a measuring cup, bread pan and flour and discussed their purposes within the baking process.

Second Step : This week discussed Self Talk. We learned that self-talk is talking to yourself in a quiet voice or inside your head. It helps you focus and pay attention.

Skills we learned this week:

Researching- We used our class computer to look up some of our new vocabulary words.

Sharing Ideas- We discussed how we think that bread is made and different types.

Expressing myself- We learned what having a strong feeling is and how to appropriately work through it.

Essential questions we will explore next week: Do you have a favorite type of bread? What do you want to find out about bread? Where does bread come from? Do you see any letters from your name in the recipe on our board? What can we do with this? (A hand mixer will be displayed).

Things to do together at home: Reinforce what you should do when you have a strong feeling. Reminding your child to take a belly breath is a very important part in the calming down process.

Things to bring to school: If you have any empty baking items, such as an egg carton, or empty box of flour, please send it in to help us enhance our Dramatic Play bakery.

Thank You,

Ms. Heather and Ms. Tamara